



# COVID-19 *Mental* HEALTH DISPARITIES

## PURSUING EQUALITY IN JAPAN

In response to the mental health challenges brought by COVID-19, TELL invites businesses, community organizations, schools, families, and individuals to come together in support of equality for those most deeply affected: women and young people.

## JOIN US!

April 10 – 11, 2021  
Tickets: [tellevnts.org](https://tellevnts.org)

Day 1: All are welcome  
Day 2: Professionals only  
(bilingual workshop)





# MENTAL HEALTH MATTERS

## Join TELL's April Conference

We are pleased to share that TELL will be hosting a two-day virtual conference on April 10th and 11th.

**April 10th:** The pandemic has highlighted inequalities, both across and within countries, particularly exposing the disadvantages women and youth face. Join us as we take charge of our mental health and cultivate resilience and well-being by listening to a wide range of guest speakers. **English workshop.**

Ticket price for Day 1 : ¥1,500

**April 11th:** Covid-19 has seen relationships all around the world struggle enormously. We are excited to bring Emotionally Focused Therapy for Couples (EFT) to help clinicians broaden their skill sets when working with couples in distress. Alliant International University is approved by the American Psychological Association to sponsor continuing education for psychologists. Alliant International University maintains responsibility for this program and its content. CEU's Provided for US Licensed Clinicians: 6 (\$30). **Bilingual workshop.**

Ticket prices for Day 2: Please see website

**Follow TELL's social media to keep up to date with conference updates and mental health in Japan.**

**Register today at: [tellevents.org](https://tellevents.org)**



TELLJapan



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